**Gluten-Free Clear Creek Elementary School October 2015 Lunch Menu**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **GF- Gluten Free**  **GF Sub stacker available any day upon request** |  |  | 1  GF-Hot Dog w/ GF Bread GF-Baked Beans (P) GF-Potato Wedges Diced Peaches Ketchup & Mustard Milk Lettuce/ FF Mayo Romaine Salad w/ dressing\* | 2  GF- Cheesy Bread\* Marinara Sauce Romaine Salad w/ dressing\* Orange Wedges GF- Cookie Milk Lettuce/ FF Mayo Cherry Toms & B Carrots |
| 5  GF-Sloppy Joe w/ Bread GF-Baked Beans (P) GF-Potato Wedges Applesauce Ketchup/ Mustard/ BBQ Milk Lettuce/ FF Mayo Fresh Veggies & RF Dip\* | 6  GF-Hard Shell Tacos\* Taco Fixings GF-Mexican Rice GF-Refried Beans w cheese\* Banana Milk Lettuce/ FF Mayo Romaine Salad w/ dressing\* | 7  GF- Chicken Tenders GF-Buttery Noodles Broccoli Apple Slices GF- Cookie Ketchup & BBQ Sauce Milk Lettuce/ FF Mayo Fresh Veggies w/ RF Dip | 8  GF- Hamburger w/ bread GF-Seasoned Oven Potatoes Mixed Veggies Raisels Ketchup & BBQ Sauce Milk Lettuce/ FF Mayo Romaine Salad w/ dressing\* | 9  GF-Chicken Breast GF-Mashed Potatoes\* Peas Orange Wedges GF- Cookie Milk Lettuce/ FF Mayo Cherry Toms & B Carrots |
| 12  GF-Turkey Burger w/ Bread GF-Buttery Noodles Green Beans Applesauce Ketchup & BBQ Sauce Milk Lettuce/ FF Mayo Fresh Veggies w/ RF Dip\* | 13  GF-Hard Shell Tacos\* Taco Fixings GF-Mexican Rice GF-Refried Beans w cheese\* Banana Milk Lettuce/ FF Mayo Romaine Salad w/ dressing\* | 14  GF- Chicken Tenders GF-Bread Mashed Potatoes\* Peas & carrots Apple Slices GF- Cookie Milk Lettuce/ FF Mayo Fresh Veggies w/ RF Dip\* | 15  GF-Hot Dog w/ GF Bread GF-Spirals & Cheese\* Broccoli Juice Ketchup & Mustard Milk Lettuce/ FF Mayo Romaine Salad w/ dressing\* | 16  GF- Homemade Pizza\* Romaine Salad w/ dressing\* Orange Wedges GF- Cookie Lettuce/ FF Mayo Cherry Toms & B Carrots |
| 19  GF-Chicken Patty w/ Bread GF-Seasoned Oven Potatoes Mixed Veggies Applesauce Ketchup & BBQ Sauce Milk Lettuce/ FF Mayo Fresh Veggies w/ RF Dip\* | 20  Nachos\* Taco Fixings GF-Mexican Rice Corn Banana Milk Lettuce/ FF Mayo Romaine Salad w/ dressing\* | 21  GF-Chicken Nuggets GF-Mashed Potatoes\* Peas & Carrots Apple Slices Ketchup & BBQ Sauce GF- Cookie Milk Lettuce/ FF Mayo Fresh Veggies w/ RF Dip\* | 22  GF- Hamburger w/ bread GF-Fries GF-Baked Beans (P) Raisels Ketchup & BBQ Sauce Milk Lettuce/ FF Mayo Romaine Salad w/ dressing\* | 23  GF-Chicken Breast Br Rice Pilaf Peas Orange Wedges Ketchup & BBQ Sauce GF- Cookie Milk Lettuce/ FF Mayo Cherry Toms & B Carrots |
| 26\*\*\*\*\*\*\*  GF-Chicken Breast GF-Bread GF-Mashed Potatoes\* Green Beans Fr Fruit Cup Milk Lettuce/ FF Mayo Fresh Veggies w/ RF Dip\* | 27\*\*\*\*\*\*\*  Walking Tacos\* Taco Fixings GF-Mexican Rice Corn Dipped Strawberries Milk Lettuce/ FF Mayo Romaine Salad w/ dressing\* | 28\*\*\*\*\*\*\*  GF- Homemade Pizza\* Romaine Salad w/ dressing\* Apple Slices GF- Cookie Milk Lettuce/ FF Mayo Fresh Veggies w/ RF Dip | 29\*\*\*\*\*\*\*  GF-Hot Dog w/ Bread GF-Baked Beans (P) Carrots & Celery w/ Dip\* Watermelon Ketchup/ Mustard/ BBQ Sherbet\* Milk Lettuce/ FF Mayo Romaine Salad w/ dressing\* | 30\*\*\*\*\*\*\*  GF-Chili/ Cheese\* & Fritos Pineapple GF- Cookie Fresh Veggies w/ RF Dip\* Milk Lettuce/ FF Mayo Romaine Salad w/ dressing\* |

**\*\*\*\*\*\*\*The week of October 26th- 30th menus created by last year’s 4th grade class\*\*\*\*\* Bon Appetite!**

Information provided is not intended to be used for medical purposes! Daily Menu is subject to Change.  
\* Item contains Dairy (P) Item contains Pork  
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